



2026 Zhik NSW Youth Championship

Incorporating the 2026 Nikki NSW Championship &
The 2026 NSW 420 Class Association State Championships



3 to 5 October 2026

Toronto Amateur Sailing Club, 27 Victory Row, Toronto NSW

Sailing Instructions (SIs)

Amended 30/9/2026

The Organising Authority (OA) is Toronto Amateur Sailing Club (TASC), in conjunction with Australian Sailing.

1. CHANGES TO SAILING INSTRUCTIONS

- 1.1. Any change to the Sailing Instructions will be posted at least 90 minutes prior to the first warning signal on the day it will take effect.
- 1.2. Any change to the format or schedule of races will be posted on the [Official Notice Board](#) by 1900 on the day before it will take effect.

2. COMMUNICATION WITH COMPETITORS

- 2.1. The Official Notice Board (ONB) will be an online notice board located [HERE](#)
- 2.2. The Regatta Office is located upstairs in the Toronto Amateur Sailing Club clubhouse.
- 2.3. The Race Committees will operate on following channels.

Course	VHF Channel
Race Control / Safety	69
Alpha	71
Bravo	72
Charlie	73
Delta	77

3. CODE OF CONDUCT

- 3.1. [DP] Competitors and support persons shall comply with reasonable requests from Race Officials and Australian Sailing staff.
- 3.2. [DP] Competitors and Support Persons shall comply with the [Australian Sailing Integrity Policies](#).
- 3.3. [DP] Boats shall not sail into other racing areas whilst other classes/divisions are racing. Boats not racing shall remain clear of boats that are racing and official boats.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the flag mast located at the southern end of the clubhouse.
- 4.2. When flag 'AP' is displayed ashore, '1 minute' is replaced with the times below.

Racing Area	Time Replaced
1 & 5	45 minutes
2, 3 & 4	30 minutes

- 4.3. [SP] [NP] Boats shall not leave the shore until Flag D is displayed. After Flag D is displayed warning signals shall not be made before the scheduled time and the times in the table below

Racing Area	Time Replaced
1 & 5	45 minutes
2, 3 & 4	30 minutes

5. SCHEDULE OF RACES

5.1.

Date	Time	Event
Fri 2 Oct	1500 – 1630 hrs	Registration – in the Club House
Sat 3 Oct	0830 – 1600 hrs 0830 – 0945 hrs 1000 hrs Not before 1200 hrs	Regatta Office Open Registration – in the Club House Welcome & Competitor Briefing Support Boat Briefing immediately after First Warning Signal
Sun 4 Oct	0830 – 1600 hrs 1100 hrs	Regatta Office Open First Warning Signal
Mon 5 Oct	0830 – 1600 hrs 1100 hrs ASAP after racing	Regatta Office Open First Warning Signal Presentations

- 5.2. The warning signal for each succeeding race in a session will be made as soon as practicable after the completion of the previous race.
- 5.3. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 5.4. A maximum of four (4) races will be completed in any one day.
- 5.5. For all classes nine (9) races are scheduled.
- 5.6. On the last scheduled day of racing no warning signal will be made after 1500 hrs.

6. CLASS FLAGS

- 6.1. See SI Addendum B.

7. RACING AREA

- 7.1. No later than 1900 hrs the day before, racing area allocations for the following day will be posted to the Official Noticeboard.
- 7.2. SI Addendum A shows the approximate location of the Racing Areas.

8. COURSES

- 8.1. The diagrams in Addendum B show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2. No later than the warning signal, the Race Committee vessel will display the course to be sailed on a course board.
- 8.3. No later than the warning signal, the Race Committee vessel may display the approximate compass bearing of the first leg.
- 8.4. If one of the gates marks is not laid, then the laid mark shall be left to port.

9. MARKS

- 9.1. See SI Addendum B.

10. THE START

- 10.1. The starting line is between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.
- 10.2. A barging buoy may be attached to the Race Committee vessel. Boats shall not pass between this buoy and the Race Committee vessel at any time.
- 10.3. [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other classes. The starting area is defined as a rectangle 50 metres from the starting line and marks in all directions.
- 10.4. [SP] A boat that does not start within 4 minutes after her starting signal, or for foiling board classes 3 minutes, will be scored Did Not Start without a hearing. This changes RRS 35, Appendix A5.1 & Appendix A5.2.

11. CHANGE TO THE NEXT LEG OF THE COURSE

11.1. Legs of the course will not be changed after the preparatory signal. This changes RRS 33.

12. THE FINISH

12.1. The finishing line is between a staff displaying a blue flag on the finishing boat at the starboard end and the course side of the port-end finishing mark.

12.2. Boats which are still deemed to be racing by the Race Committee but are outside the Finish Window may be scored an allocated place based on their position when the Time Limit expires. Such boats may be directed to return to the start area or other location without crossing the finish line. Neither the allocation of a finish place nor the failure to allocate a finish place will be grounds for redress. This changes RRS 35, RRS 61.4(b), RRS Appendix A5.1, A5.2 and A10.

13. TIME LIMITS AND TARGET TIMES

13.1.

Class	Time Limit	Finish Window	Target Time
ILCA 4, ILCA 6, 420	75	15	45
29er, WASZP, 13' Skiff & Nikki	55	15	35
All other classes	60	15	35

13.2. Boats failing to finish within the time stated in the Finish Window after the first boat starts, sails the course and finishes will be scored Did Not Finish, except as provided for in SI 11.2. This changes RRS 35, RRS Appendix A5.1 and A5.2.

13.3. Failure to meet the Target Time will not be grounds for redress. This changes RRS 61.

14. HEARING REQUESTS

14.1. The Organising Authority has appointed a Non-Appealable Protest Committee for this event in accordance with RRS 91. Australian Sailing's approval of this appointment is posted on the ONB. The right of appeal from a protest committee hearing is denied as provided in RRS 70.3.

14.2. A boat intending to submit a protest shall notify the finish boat on station at the finish line and receive acknowledgement from an official on the finish boat. This does not change a rule of the RRS.

14.3. Protests shall be submitted via [the Hearings link on the Official Notice Board](#), or a Protest form returned to the Regatta Office.

14.4. For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is the later.

14.5. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties. Hearings will be held in the allocated area of the downstairs boat shed, beginning at the time posted.

14.6. Notices of protests by the Race Committee, Technical Committee or Jury, will be posted to inform boats under RRS 60.2(a)(2).

14.7. A list of boats that have been penalized under Appendix P for breaking RRS 42 will be posted on the Official Notice Board.

15. SAFETY REGULATIONS

15.1. [SP] Competitors shall wear lifejackets at all times while afloat, except briefly while changing or adjusting clothing or personal equipment.

15.2. Boats not leaving the beach for a scheduled race shall promptly notify the Regatta Office.

15.3. Before leaving to race on each scheduled race day or session, the skipper shall sign on.

15.4. [SP] Failure to sign on will result in that boat receiving a scoring penalty for the first race in the session. This changes A5.

15.5. After each scheduled race day or session, the skipper shall sign off.

15.6. [SP] Failure to sign off within the protest time limit will result in that boat receiving a scoring penalty for the last race in the session. This changes A5.

15.7. [DP] A boat that retires from racing shall notify the Race Committee before leaving the racing area, or, if that is not possible, shall notify the Regatta Office as soon as possible after returning ashore and shall complete a retirement declaration form at the Regatta Office before the expiry of the protest time limit.

15.8. [DP] Race Officials and Race Committee vessels may retrieve boat crews and return them to their boats for safety reasons. The sail number of a boat which receives outside help will be notified to the Race Committee with details of the incident and a hearing may be held (if required) to determine any penalty. This changes RRS 41.

16. [DP] EQUIPMENT AND MEASUREMENT CHECKS

- 16.1. Equipment may be inspected at any time for compliance with the Class Rules and Sailing Instructions. When instructed by a member of the Technical Committee, a boat shall proceed immediately to a designated area for inspection.
- 16.2. Penalties for a breach of Class Rules are at the discretion of the jury and may be less than disqualification.

17. OFFICIAL VESSELS

- 17.1. Official vessels may carry the Course flag, Jury vessels will carry an orange flag with a black 'J', Media vessels will carry a white flag with a black 'M'.

18. SUPPORT TEAMS

- 18.1. All support person vessels shall be registered for the event via the [Official Website](#). The organising authority may refuse registrations and accept late registrations at their discretion.
- 18.2. Support teams, including all support persons and support person vessels, shall comply with the support team regulations listed in Addendum C – Support Person Vessel Regulations.
- 18.3. For the purposes of these regulations, a support boat includes any boat that is under the control or direction of a person who is or may provide physical or advisory support to an athlete, including the gathering of data that may be used at a later time.
- 18.4. The Organising Authority may inspect boats at any time to ensure that they comply with these regulations, and the person responsible for the boat shall facilitate such inspection.
- 18.5. Only registered support boats will be allowed into the sailing venue. (Allocated berths or area will be provided at registration).
- 18.6. When not in use, support boats shall be appropriately berthed as directed by the Organising Authority in the allocated areas for support boats.

19. [DP] EVENT ADVERTISING

- 19.1. Boats shall display advertising for event sponsors in accordance with the [World Sailing Advertising Code](#), supplied by the Organising Authority as follows: All entrants will be supplied with two Zhik stickers.
- 19.2. For all dinghy and catamaran classes, a Zhik sticker is to be applied to the hull of each boat on either side of the bow.

SI ADDENDUM A – RACING AREAS



SI ADDENDUM B – COURSES AND CLASS FLAGS

ALPHA Course

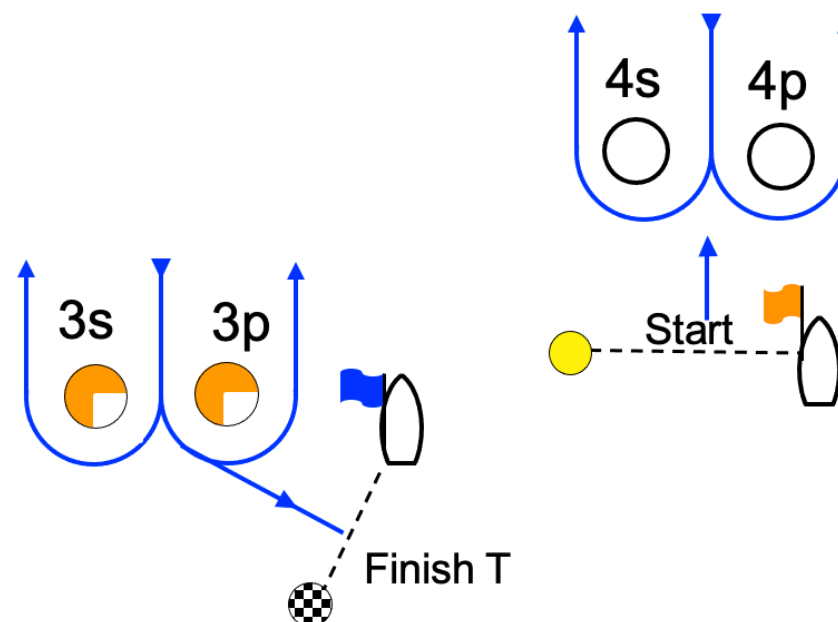
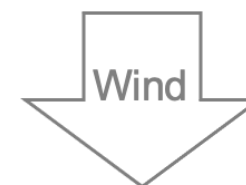
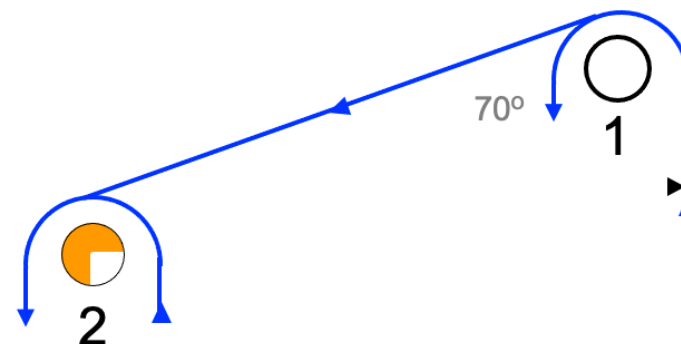
Class	Class Flag
ILCA 4	ILCA Insignia on Yellow
ILCA 6	ILCA Insignia on Green
Int 420	420 Insignia on White

Mark	Description
Pin End Start	Yellow buoy
Pin End Finish	Black & White check buoy
1 and 4s/4p	White buoys
2 and 3s/3p	Orange buoys

Class	Signal	Mark Rounding Order
ILCA 4	I1	Start – 1 – 2 – 3s/3p – finish
	I2	Start – 1 – 4s/4p – 1 – 2 – 3s/3p – Finish
ILCA 6, Int 420	O1	Start – 1 – 2 – 3s/3p – Finish
	O2	Start – 1 – 2 – 3s/3p – 2 – 3s/3p – Finish

Note:

1. Marks 1 and 2 will be left to port.
2. Marks 3s/3p, 4s/4p are gates.
3. When sailing from Mark 3 to the finish boats shall pass between 3s/3p.
4. Diagram not to scale, angles approximate.



SI ADDENDUM B – COURSES AND CLASS FLAGS

BRAVO Course

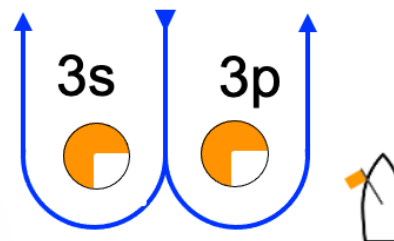
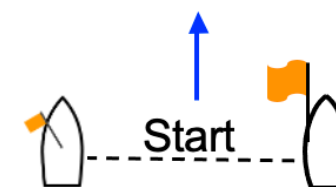
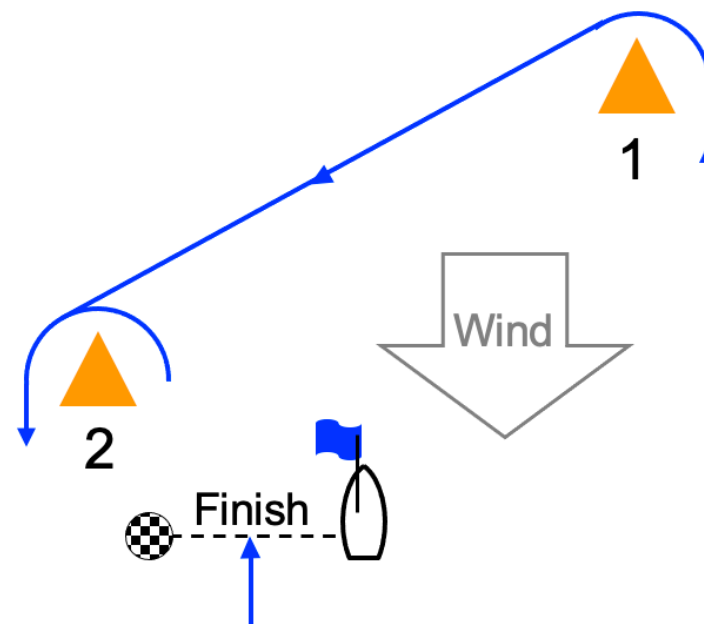
Class	Class Flag
Optimist Open	Black Optimist Insignia on White
Optimist Inter.	White Optimist Insignia on Blue

Mark	Description
Pin End Start	Pin boat with orange flag
Pin End Finish	Black and white checked cylindrical buoy
1 and 2	Orange conical buoys
3s/3p	Orange cylindrical buoys

Class	Signal	Mark Rounding Order
Optimist Intermediate	I1	Start – 1 – 2 – 3s/3p – Finish
Optimist Open	I1	Start – 1 – 2 – 3s/3p – Finish

Note:

1. Marks 1, and 2 will be left to port.
2. 3s/3p is a gate.
3. Diagram not to scale, angles approximate.



SI ADDENDUM B – COURSES AND CLASS FLAGS

CHARLIE Course

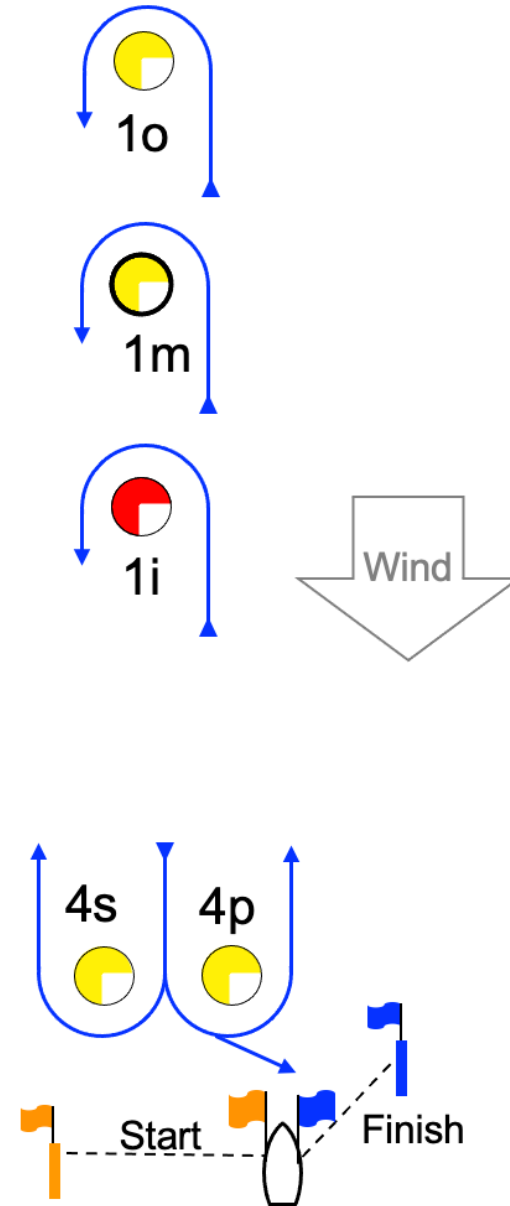
Class	Class Flag
29er	White 29er Insignia on Orange
13ft Skiff	White 29er Insignia on Orange
WASZP	WASZP Insignia on Gold
Nikki	Black Nikki Insignia on White

Mark	Description
Pin End Start	Orange Pin with Orange Flag
Pin End Finish	Blue Pin with Blue Flag
1o, 4s and 4p	Yellow Inflatable cylindrical buoys
1m	Yellow with Black Band Inflatable cylindrical buoy
1i	Red Buoy

Class	Signal	Mark Rounding Order
Nikki	L1	Start – 1i – 4s/4p – Finish
	L2	Start – 1i – 4s/4p – 1i – 4s/4p – Finish
	L3	Start – 1i – 4s/4p – 1i – 4s/4p – 1i – 4s/4p – Finish
29er, 13ft Skiff,	L1	Start – 1m – 4s/4p – Finish
	L2	Start – 1m – 4s/4p – 1m – 4s/4p – Finish
	L3	Start – 1m – 4s/4p – 1m – 4s/4p – 1m – 4s/4p – Finish
WASZP	L1	Start – 1o – 4s/4p – Finish
	L2	Start – 1o – 4s/4p – 1o – 4s/4p – Finish
	L3	Start – 1o – 4s/4p – 1o – 4s/4p – 1o – 4s/4p – Finish

Note:

1. Marks 1i, 1m and 1o will be left to port.
2. Marks 4s/4p is a gate.
3. When sailing from Mark 1i, 1m and 1o to the finish boats shall pass between 4s/4p.
4. Diagram not to scale, angles approximate.



SI ADDENDUM B – COURSES AND CLASS FLAGS

DELTA Course

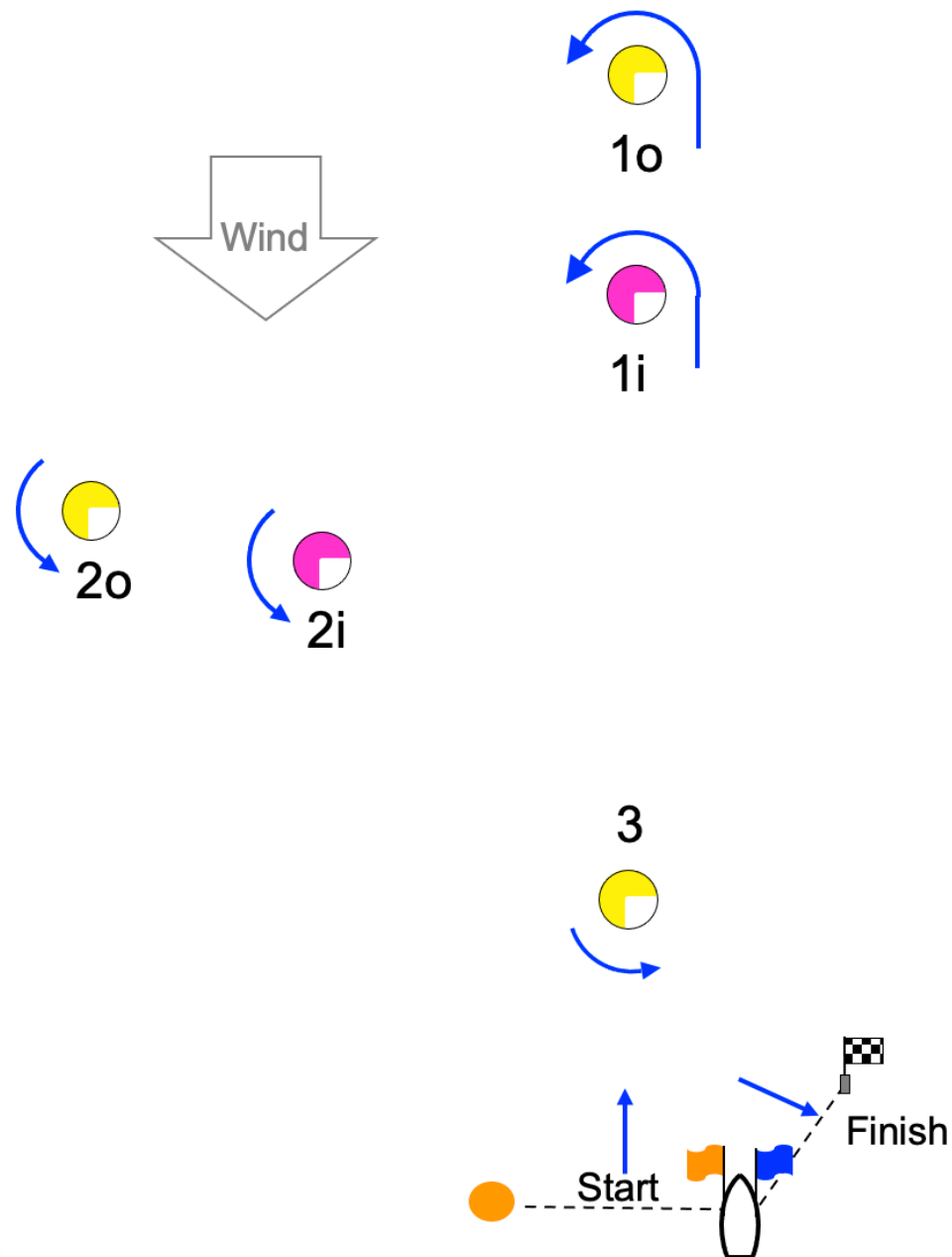
Class	Division/Class Flag
Open Skiff	Open Skiff Insignia on White
Sabot 1 Up	Sabot Insignia on Pink
Flying 11	Blue Flying 11 Insignia on White

Mark	Description
Pin End Start	Large Orange Inflatable
Pin End Finish	Large black and white checked flag
1o, 2o, 3	Large Yellow Inflatable
1i and 2i	Large Pink Inflatable

Class	Signal	Mark Rounding Order
Flying 11	T1	Start – 1o – 3 – Finish
	T2	Start – 1o – 2o – 3 – 1o – 3 – Finish
	T3	Start – 1o – 2o – 3 – 1o – 2o – 3 – 1o – 2o – 3 – Finish
Open Skiff, Sabot	T1	Start – 1i – 3 – Finish
	T2	Start – 1i – 2i – 3 – 1i – 3 – Finish
	T3	Start – 1i – 2i – 3 – 1i – 3 – 1i – 2i – 3 – Finish

Note:

1. Marks 1o, 2o & 3 will be left to port.
2. Marks 1i, 2i & 3 will be left to port.
3. Diagram not to scale, angles approximate.



SI ADDENDUM B – COURSES AND CLASS FLAGS

SI ADDENDUM C – SUPPORT PERSON VESSEL REGULATIONS

These Support Vessel Regulations shall apply at all times whilst the boat is at the venue.

1. GENERAL

- 1.1. Support person vessels shall comply with local legislation, including the safety equipment to be carried. A copy of the regulations are available at [safety-equipment-for-powered-vessels](#).
- 1.2. Life jackets (minimum Level 50) must be worn by all persons onboard and Kill cords must be used by the driver when motor is operating.
- 1.3. Support person vessel drivers must hold a Power Boat Licence.
- 1.4. All support person vessels are required to carry a working VHF radio to monitor the advised frequency.
- 1.5. Support vessels must have a current insurance policy with a minimum value of \$5,000,000 for public liability insurance.
- 1.6. At all times, the registered driver(s) of a support vessel shall comply with directions given by a Race Official. This includes assisting in rescue operations when instructed to do so. RRS 37 - When a race committee displays code flag "V" with one sound, all boats and official and support vessels shall monitor the race committee communication channel for search and rescue instructions.
- 1.7. All support person vessels shall keep to leeward of the start line and its extensions between the preparatory signal and the start signal and more than 50 metres clear of any competing boat or mark of the course, between the start signal and the finish of the last boat, except when asked by the race committee to enter the course area or assist competitors.
- 1.8. Support boats shall not leave any device, piece of equipment, buoy, marker or similar item permanently in the water. Temporary use of floating objects is allowed for current measurement. These objects shall be removed as soon as the measurement has been taken.
- 1.9. Support boats shall take particular care to minimise their wash when transiting the course areas. Support boats shall not interfere with boats racing or official boats or create a wake that affects boats racing.
- 1.10. If an identifying number is supplied by the Organising Authority, it shall be clearly displayed on the support vessel at all times.
- 1.11. The Organising Authority may change these regulations at any time. Any changes will be posted on the Official Notice Board.
- 1.12. Penalties may apply to competitors that are associated with a support vessel that breaches any of these conditions.

2. SAILING VENUE

- 2.1. Only registered Support Boats will be allowed into the sailing venue. (Allocated berths or area will be provided at registration).
- 2.2. Support Boats shall use the designated boat ramps/area for launching – these may be a short distance from the venue. Once launched, trailers shall be moved immediately to a designated trailer park or as otherwise directed by the Organising Authority.
- 2.3. When not in use, support boats shall be appropriately berthed as directed by the Organising Authority in the allocated areas for support boats for the entire time that these Regulations apply.
- 2.4. Support boats shall not use the designated dinghy launching area for any purpose whatsoever, including mooring, launching and retrieval, and loading and unloading of equipment.

3. RACING AREA RESTRICTIONS

- 3.1. Support boats shall not be positioned on the course:
 - a) Closer than 50 metres of any boat racing
 - b) Within 50 metres of the starting line, its extensions and marks of the course from the time of the preparatory signal until all boats have left the starting area, or the Race Committee signals a postponement, general recall or abandonment.
 - c) Between any boat racing and the next mark of the course.
 - d) Between the inner and outer trapezoid courses when boats are racing on both courses.
 - e) Within 50 metres of any mark of the course while boats are in the vicinity of that mark.
 - f) Within 50 metres of the finishing line and marks while boats are finishing.
- 3.2. In addition, support boats that are motoring above 5 knots shall remain at least 150 metres from any boat racing.

SI ADDENDUM C – SUPPORT PERSON VESSEL REGULATIONS

3.3. Below is a diagram of race area restrictions.

Trapezoid Course

